

November 2017

SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
<p>Acton House & Day Manor: Bingo at Amenity Building every Wednesday at 2:00</p>			<p>1 8:30 Newspaper 9:00 Woodworking 1:00 Creative Past Times 2:30 Music with Donna</p>	<p>2 Elly's Footcare 9:00 Reading Corner 9:00 Woodworking 10:30 Exercise 1:00 Sequence 1:30 Tessa-our canine friend 2:30 Horse Racing-Keanna 6:00 Cowboy Church</p>	<p>3 HAIR DAY 9:00 Shuffleboard 1-3:00 Paint Class</p>	<p>4 1:15 Joyful Noise-Music Program Turn your clock BACK one hour tonight</p>
<p>5 2:30 Peter and Catherine van Kampen 6:30 Movie Night; Shirley Temple Classics Daylight Saving Time Ends</p>	<p>6 9:00 Hand Pampering 10:30 Exercise 1:15 Bible Chatter 2:30 Penny Game Bingo 6:30-Paulette</p>	<p>7 8:45 Shuffleboard 9:00 Woodworking 9:30 CO OP Shop 2:30 Reading Corner 7:00 Birthday Party</p>	<p>8 8:30 Newspaper 9:00 Woodworking 10:30 Kidz in the Rockies 1:00 Creative Past Times 2:30 Music with Nancy</p>	<p>9 Elly's Footcare 9:00 Woodworking 9:00 Reading Corner 10:30 Exercise 1:45 Remembrance Day ceremony 2:30 Horse Racing 6:00 Cowboy Church</p>	<p>10 HAIR DAY Office Closed No Cleaning Staff 6:30 Frayns and friends</p>	 <p>REMEMBRANCE DAY <i>Let We Forget</i></p>
<p>12 2:30 First Christian Reformed Church 6:30 Movie Night; Roy Rogers- Rainbow over Texas</p>	<p>13 10:30 Exercise 1:15 Bible Chatter 2:30 Sable Island National Park video clips Bingo 6:30- Alice</p>	<p>14 8:45 Shuffleboard 9:00 Woodworking 9:30 CO OP Shop 2:15 Bible Study 2:30 Reading Corner</p>	<p>15 8:30 Newspaper 9:00 Woodworking 10:30 Yoga 1:00 Creative Past Times 2:30 Music with Donna</p>	<p>16 Elly's Footcare 9:00 Woodworking 9:00 Reading Corner 10:30 Exercise 1:00 Sequence 2:30 Horse Racing 6:00 Cowboy Church</p>	<p>17 HAIR DAY 9:00 Shuffleboard 1-3:00 Paint Class 7:00 Wolf Pack</p>	<p>18 1:30- 3:30 Annual Toonie Tea and Bazaar</p> 
<p>19 2:30 Church of God of Prophecy 6:30 Movie Night: Nanny Mc Phee</p>	<p>20 10:30 Exercise 1:15 Bible Chatter 2:30 National Pop and Pop Tart Day Bingo 6:30- Paulette</p>	<p>21 8:45 Shuffleboard 9:00 Woodworking 9:30 CO OP Shop 2:15 Bible Study 2:30 Reading Corner</p>	<p>22 8:30 Newspaper 9:00 Woodworking 10:30 Yoga 1:30 Tea at Good Sam</p>	<p>23 Elly's Footcare 9:00 Woodworking 9:00 Reading Corner 10:30 Exercise 1:00 Sequence 2:30 Horse Racing 6:00 Cowboy Church</p>	<p>24 HAIR DAY 9:00 Shuffleboard 1-3:00 Paint Class</p>	<p>25 6:00 Bus to Parade of Lights</p>
<p>26 2:30 Cowboy Church 6:30 Movie Night: Planet Earth</p>	<p>27 10:30 Exercise 1:15 Bible Chatter 2:30 Card Bingo Bingo 6:30- Alice</p>	<p>28 8:45 Shuffleboard 9:00 Woodworking 9:30 CO OP Shop 2:15 Bible Study 2:30 Reading Corner 7:00 Wildlife Pictures with Archie</p>	<p>29 8:30 Newspaper 9:00 Woodworking 10:30 Yoga 1:00 Creative Past Times</p>	<p>30 9:00 Woodworking 9:00 Reading Corner 10:30 Exercise 1:00 Sequence 2:00 Barber 2:30 Horse Racing 6:00 Cowboy Church 6:30 Bus to Nativity Scene Display</p>	<p>Moon Phases: November 3: Full moon November 10: Last quarter November 18: New moon November 26: First quarter</p>	

WESTVIEW LODGE: 5427 52 Ave, Rocky Mountain House, Alberta, T4T 1S9 Telephone: 403-845-3588

E-mail: wvlodge@telusplanet.net Website: rockyseniors.com